

Welcome!

We are pleased and honored that you have chosen Community Psychiatry as your mental health care provider. In order to ensure the optimal coordination of care and make the most of your first visit, there are a few important items that we ask you to bring.

Please bring the following to your first appointment:

- **Your insurance card and photo identification.**
- **The completed new patient paperwork packet.**
 - This is located under the “Appointment” tab on our website, under “Forms.”
 - This packet can also be made available to you in our office at your first visit.
- **A list of current medications.**
 - It is also helpful for the physician to know what medications you have tried in the past.
- **Any history or mental health records you may have in your possession.**
 - If you do not have copies of your mental health records, we can request records from previous providers if you sign a release.
 - You can obtain a release at your first appointment or sign one ahead of time by filling out the release in the new patient paperwork on our website.
 - Please fax your signed release to the office in which you are scheduled. A list of office phone and fax numbers is located under the “Locations and Doctors” tab on our website.
- **Any lab test results from lab work performed in the last year.**
 - If you do not have copies of your lab results, you may request that the results be sent to our office prior to your first appointment by contacting your primary care physician or the lab where your tests were done.
- **Any psychological test results you may have in your possession.**
 - Your physician will want to review the results of any psychological testing prior to prescribing medication. These tests are not a requirement, but will aid your physician in deciding the best course of treatment.

Please arrive 15 minutes prior to your scheduled appointment time in order to check in.

Thank you for choosing Community Psychiatry. We look forward to providing you with quality care.